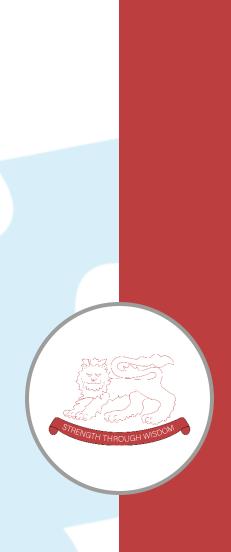
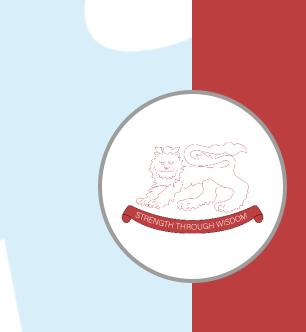


Essex Outdoors - Danbury Monday 3rd June – Wednesday 5th June 2024

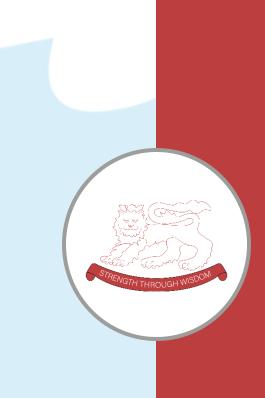


https://www.youtube.com/watch?v=ml4Lhozqpqc&feature=youtu.be



Why we are going

Educational and Life-Enhancing Experience Adventure Builds independence Develops leaders Team building/bonding **Developing resilience** Self-awareness Creating lasting memories



Accommodation

Cabins are equipped with a children's sleeping rom, a separate leader quarters, a toilet room and a porch.

Cabins have a toilet and sink with some having a shower. We also have access to a toilet and shower block next to our chalets.

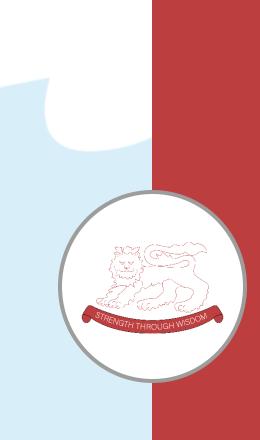
The cabins are secured via a keypad, and we would have exclusive use of every cabin we use.



Activities

Obstacle Course Problem Solving BMX Vertical Challenge Caving Bush Craft Zip Wire Jacob's Ladder

As well as evening activities.....

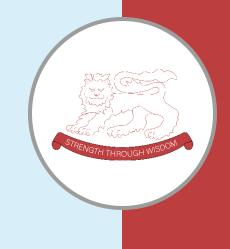


<u>Food</u>

We have use of a dedicated dining hall and permanent professional catering kitchens. This can seat 80 guests around tables or 100 in a theatre-style setup. It is fully equipped as a dining area, function room, and social area. There is also an additional marque which we will have access should we need.

There is a good variety of nutritious meals on offer and always something for everyone. Dietary needs can be catered for.





<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
	Cereal, Fresh Fruit	Cereal, Fresh Fruit
	Toast, Yoghurts	Toast, Yoghurts
NONE REQUIRED	Bacon, Sausage,	Croissant
	Scrambled egg	Sausage Baguette
	Hash Brown	
Lunch	Lunch	Lunch
	Pepperoni or	Build a roll
	Cheese & Tomato Pizza	with
	Served With	a selection of fillings
NONE REQUIRED	Salad &	packet of crisps
	Seasoned Wedges	
	Fresh Fruit	Fresh Fruit
Dinner	Dinner	<u>Dinner</u>
Roast Chicken	Pasta	
	With	
With Gravy	Beef Bolognaise Sauce	
Potatoes	or	NONE REQUIRED
Vegetables	Tomato & Basil Sauce	
Yorkshire Pudding	Garlic Bread	
	Salad	
Chocolate Cake	Doughnut	

Key Details

- Dates: 3rd 5th June 2024.
- Location: Danbury, Essex Outdoors.
- Depart from school at 10:30. Arrive at school at the usual time on this day (8:40).
- Arrive around 11:15. Settle into accommodation, site walk and lunch.
- Children will need to bring a packed lunch for day one.
- First activity at 13:30.
- We will depart from Danbury at 14:00.
- We expect to be back for collection at the normal time on Wednesday (15:15).

Kit Bag/Rucksack/Suitcase - items and suggested numbers Wash bag underwear x 6 socks x 6 soap long trousers x 3 toothbrush shorts x 2 toothpaste shirt (T-shirt or polo shirt) x 5 shower gel fleecy top or jumper x 2 deodorant (non-aerosol) coat x 1 bin bags x 2 for dirty/wet clothing waterproofs (cagoule and trousers) hat (sun hat if warm) No personal electrical equipment may be gloves (if cold) brought, including mobile phones or smart trainers (that can get muddy) watches and no cameras. nightwear dressing gown and slippers flipflops Jewellery such as earrings, rings and necklaces sun cream can cause injury whilst participating in insect repellent adventurous activities and should not be worn. refillable water bottle Studs are acceptable but must be removed for towel activities when necessary, by the child. The school cannot accept responsibility for this procedure.

Some of the activities at Danbury Outdoors require the use of long sleeves/ long trousers. Please bear this in mind when packing.

Bedding: Bottom sheet for single mattress, sleeping bag and pillow (or own duvet and duvet cover)

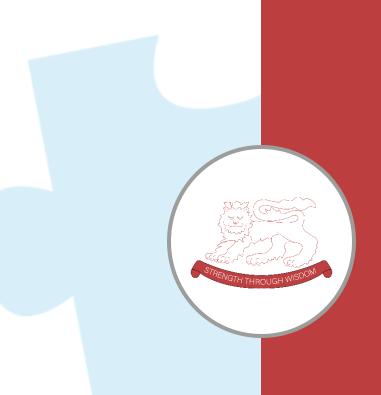
No money is permitted as there are no shops so the is nothing to buy!

We will share pictures via the school Instagram/X account as a flavour of what we are doing.

Parents, please ensure your child can carry their own kit at least 50 m and that a ticked-off, kit list is placed inside their case. This will ensure that at the end of their stay they may return home together with all the items with which they left. It will obviously help enormously if as much of their clothing as possible is clearly labelled.

It is vital that children can carry their bag and that they know what is in it!

Please label everything!



Medication

All medication required for the trip must be given to the office on the morning of departure.

This must be clearly labelled with name and dosage please.

This also includes travel sickness tablets.

A letter will be sent via Bromcom tomorrow (Friday) for parents to complete with any ongoing medical needs we should be aware of. Please also indicate if your child has a birthday whilst we are away or that of someone in their house.



Questions?

Thank you for coming!



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